

## **Monday**

6 AM – Team Training – **Advanced**

9:15AM – Team Training – **Advanced**

6 PM – Team Training – **Advanced**

8 PM - **Kickboxing**

## **Tuesday**

6 AM – Team Training - **Advanced**

6:30PM – Team Training – **Advanced**

7:30 PM – Team Training - **Elevate**

## **Wednesday**

6 AM – Team Training – **Advanced**

9:15 AM – Team Training – **Advanced**

6 PM – Team Training – **Advanced**

8 PM – **Kickboxing**

## **Thursday**

7 PM – Team Training – **Advanced**

8 PM – Team Training – **Elevate**

## **Friday**

6 AM – Team Training – **Advanced**

9:15 AM – Team Training – **Advanced**

6 PM – **Kickboxing**

**Saturday**

8 AM – Team Training – **Advanced**

10 AM – Team Training – **Elevate**

**A.C.E. Youth Athletics Program**

**Fall Schedule for 2012 beginning September 5th:**

**Monday**

4:45PM-5:30PM

**Wednesday**

4:45PM-5:30PM